



# New Delhi Update

Bulletin of Rotary Club of New Delhi

R.I. District 3010

Vol. VI No. 45 May 09, 2011

## UNLEASH THE POWER WITHIN TO BE AN EFFECTIVE COMMUNICATOR

**Shri Charanjot Singh Nanda**, a qualified Chartered Accountant by profession, addressing our members at our regular weekly meeting on Thursday 5th May 2011, on a very interesting subject — “Unleash the Power Within to Become An Effective Communicator,” said you all have very strong and emotional feelings, but you are not able to effectively communicate the same, but at the same time you do communicate something by using your thought process. You have to be strong in such situations. Remember the famous words of Swami Vivekananda— “*Strength is Life and Weakness is Death*”.

Some people call their teachers or their wives who are strong as: “Hitler”, since Hitler is a symbol of a very strong person.

Abraham Lincoln was underweight since birth, but he was a strong man and changed apartheid in USA. Swami Vivekananda became a world spiritual leader because of his strong convictions. Strength is very important, if you want to be a good communicator.

You should also have courage of conviction. You are 60% of what



your mother is, and 15% to 20% of what was your kindergarten.

Terrorists are those people who are shown the way to Terror for which they were not born. They are shown the path of terror. They are misled or disgruntled people and are lured into becoming a part of terror by some extremist fanatics.

Courage of conviction makes you a great communicator. The courage of conviction you carry throughout your life. If you feel you are on the right track, follow the same. You have to be very clear in your mind. Clarity of thought is also very necessary for being an effective communicator.

There is no royal road to communication. You have to burn

the midnight oil and work hard to learn good communication. Every speaker is a good listener too. You have to work hard to become an effective communicator.

Communication has all to do with logics. Communication is all logic. People have both logical and illogical mind. Great leaders know how to manage people. An effective communicator has to manage the logical minds of people.

People have emotions and feelings. Be cool, be smiling, be cheerful when you are communicating with a group of people. The simple fact of life is that people cannot pre-empt things. As a good communicator you should be able to communicate even without saying anything just with your body language only.

Charity begins at home. Be honest to your heart, especially to your parents, your mother and

### NEXT MEETING

Thursday 12th May 2011

Time : 5.45 p.m.

Ashok Hotel, New Delhi

#### SPEAKER

**Mr. AMRISH MITTAL**

#### SUBJECT

**MUGHAL HISTORY OF INDIA**



father and your children. Small happiness makes you a good communicator.

As people we have to have the ability to perform whatever be the circumstances. Our children are very important part of our life. Life is a process and play your part in life as a great communicator.

The shoe is a sign of protest. The message is very loud and clear.

Emotions are part of life. Mind always moves in a distinct direction.

Communication is a vital part of our daily routine. Approx. 70 to 80 per cent of our working time is spent in some kind of communication. Communication involves at least two people—the listener and the speaker or the receiver and the sender in case of a written communication message. You need effective, persuasive communication skills to be a great communicator. We roughly spend about 50% of our time in listening. We waste many hours in meetings because of poor communication and take unduly long time in decision making. Valuable time is lost unproductive meetings. Time is money. Time is very precious. We are all hard pressed for time.

Effective communication skills and confidence in your ability are two most important behaviour prerequisites for a good communicator. Communication skills are critical to your success. Think as wise men do but speak as common people do for being a great communicator. You should be able to express what you intend to say and should be well enough focused in your thoughts and communication.

As a good communicator, you should try to make an eye contact with the audience and try to turn the communication into a conversation. The most important step in preparing any presentation is to understand your audience.

You can never be a great communicator without understanding and mastering the strong openings. As a good communicator your presentation should be both concise as well as compelling.

Use stories, jokes, interesting facts, examples and anecdotes to make your communication light and to bring it to life and interesting.

Communication is not only verbal, it also involves the body language. One should speak clearly. Effective communication is very important. A pleasant smile and direct eye contact are communication skills that will win you high marks as a great communicator. Strong listening skills are also equally important to be a good communicator. Nothing builds rapport faster than eye contact.

How do we communicate our message? As a result of a study it was observed that only 7% of our message comes through the words we use, 38% comes through our tone of voice and 55% comes through our body language. So body language is very important in any effective communication for a great and effective communicator. You should look within yourself and unleash your power within and become a great and effective communicator. □

## **“AAROHAN”, DISTRICT ASSEMBLY 2011**

The District Assembly 2011–12, called “*Aarohan*” is scheduled to be held on Sunday 15th May 2011 at MBD Radisson Hotel, Noida at 2.30 p.m. The basic purpose of District Assembly is to prepare the incoming Club Leaders for their respective offices in the coming year and motivate the Club leadership team.

The programme will start at 2.30 p.m. The designated participants at the District Assembly should include:

Club President Elect  
Incoming Club Secretary  
Incoming Club Jt. Secretary  
Incoming Club Treasurer  
District Committee Chairs  
All New Members  
Past Presidents of the Club  
All Assistant Governors

The District Assembly is being organised by Rotary Club of Ghaziabad Greater and PP Rtn. J.K. Gaur is the Assembly Chairman. The programme will be followed by Cocktails and Dinner. Registration Charges are ₹ 1750 per person (₹ 1700 per person if 10 or more delegates).

The designated participants (all members of incoming Board for 2011–12) should attend District Assembly and register their names immediately with President Elect Rtn. Rajen Mata.

**NEXT  
POLIO NID  
POLIO RAVIVAR  
SUNDAY  
22nd MAY 2011**

## **“SAMVEDNA” DISTRICT MEET ON CANCER**

District Intercity Meet **SAMVEDNA** organised by The Cancer Foundation and hosted by 20 Rotary Clubs was held on Saturday 7th May 2011. Present from our Club were Vice President Rtn. Ashish Makhija, Jt. Secretary Rtn. Vinod Gupta, Treasurer Rtn. Pankaj Rai, PP Rtn. Satinder Narang, PP Rtn. Umang Das, Rtn. Kashish Chandan, Rtn. Harish Nayar and PP Rtn. Vimal Gupta.

Prof. Dr. P.K. Julka, Acting Head of Institute Rotary Cancer Hospital (IRCH) delivering his keynote address spoke about the current scenario of Cancer. There are 9 lakh cases of Cancer every year in India which is likely to double by 2020. Six lakh Cancer patients die every year since most of them come for treatment after Cancer has reached into advanced stage. Cancer is treatable, if detected early. Therefore there is dire need for Cancer awareness campaigns and Rotary should organise Cancer awareness camps. IRCH will help Rotary in providing medical faculty and facilities required at these awareness camps.

Chief Guest of the evening, H.E. Dr. Stewart G. Beck, High Commissioner of Canada spoke about the Terry Fox run to raise funds for research in Cancer and said Rotary will be involved in the next Terry Fox run that will be held in New Delhi this coming winter.

Total contributions of approx. ₹ 15 lakhs were collected and/or committed at “**SAMVEDNA**” on 7th May 2011. Our Club’s total amounted to ₹ 2,78,000 contributed by following Members as detailed hereunder:

1. PDG Rtn. Asoke K. Ghosh	₹ 35,000	16. Rtn. Gaurav Bhargav	₹ 7,000
2. President Rtn. Pratap Burman	₹ 21,000	17. Rtn. Kiran Sachdev	₹ 7,000
3. Rtn. Harish Paruthi	₹ 21,000	18. Rtn. Sanjiv Rai Mehra	₹ 7,000
4. Rtn. Vinod Gupta	₹ 21,000	19. Rtn. Sanjay Kapur	₹ 7,000
5. Rtn. Krishan Makhijani	₹ 14,000	20. Rtn. Kashish Chandan	₹ 7,000
6. Rtn. Ashish Makhija	₹ 7,000	21. Rtn. Bhupinder Chowdhri	₹ 7,000
7. Rtn. Surendra Singh	₹ 7,000	22. Rtn. Parmod Aggarwal	₹ 7,000
8. Rtn. Pankaj Rai	₹ 7,000	23. Rtn. Nirmal K. Gupta	₹ 7,000
9. Rtn. Raman Ahuja	₹ 7,000	24. Rtn. Nirmal K. Gupta (Life Membership)	₹ 2,500
10. Rtn. Ajay Malhotra	₹ 7,000	25. Rtn. Sangita Bansal (Life Membership)	₹ 2,500
11. Rtn. Anuj Khurana	₹ 7,000	26. Rtn. Vimal Gupta	₹ 7,000
12. Rtn. Sanjeev Sikka	₹ 7,000	27. Shri S.C. Gupta (thru' Vimal Gupta)	₹ 7,000
13. Rtn. B.P.S. Puri	₹ 7,000	28. Shri S.S. Agrawal (thru' Vimal Gupta)	₹ 7,000
14. Rtn. Vandana Agrawal	₹ 7,000	29. Shri Pradeep Gupta (thru' Vimal Gupta)	₹ 7,000
15. Rtn. Umang Das	₹ 7,000	30. Shri Taresh Baisiwala (thru' Vimal Gupta)	₹ 7,000
<b>TOTAL</b>			<b>₹ 2,78,000</b>

The top three Rotary Clubs in our District 3010, who contributed highest amounts to The Cancer Foundation were:

1. Rotary Club of Delhi Vikas — 51 Patients (₹ 7,000 X 51)
2. Rotary Club of Delhi Safdarjung — 45 Patients (₹ 7,000 X 45)
- 3. Rotary Club of New Delhi — ₹ 2,78,000 (approx. 40 patients)**

We thank all the members who have contributed for the cause of cancer. Our Members: PDG Rtn. Asoke K. Ghosh, President Rtn. Pratap Burman, Jt. Secretary Rtn. Vinod Gupta and Rtn. Harish Paruthi were recognised by DG Amit Jain for their generous contributions and mementos were presented to them as a token of appreciation.

## MINUTES OF LAST MEETING

1. The 295th weekly meeting of the Club was presided by Vice President Rtn. Ashish Makhija, since President Pratap Burman was travelling abroad and was in China on 5th May 2011.
2. Presiding Officer, Rtn. Ashish Makhija called the meeting to order.
3. National Anthem was led by Rtn. Vinod Gupta.
4. Presiding Officer welcomed all present. A special welcome was accorded to Rtns. Arthur Mattli, Sunil Charla and Vandana Agrawal.
5. Presiding Officer and Officiating President, VP Rtn. Ashish Makhija extended a very cordial welcome to Chief Guest of the evening, CA, Mr. Charanjot Singh Nanda.
6. Making announcements, Presiding Officer informed that at the recently held Board Meeting on 30th April 2011, the Board unanimously decided to amend the Constitution and Bye Laws of the club to be in consonance and synchronisation with the Rotary International recommendations. One of the major changes suggested is that we want to increase the number of members in the Board of Directors from present 13 to 15. It has been proposed to have 2 Vice Presidents and 2 Joint Secretaries. The amended Constitution and Bye Laws of the club will be put up before the members for their approval and adoption.
7. Another point discussed at great length at the Board meeting was that we want to take giant steps in our Digital Literacy Programme. Presiding Officer invited Rtn. Pankaj Rai to brief the members on Digital Literacy Programme.
8. Rtn. Pankaj Rai informed that the eligibility criteria will be children above 15 years

coming from underprivileged sections. Two academic sessions will be covered and the programme will continue till June 2012. Times Foundation is also joining us. They want to increase the reach of this programme from 5,000 to 50,000 students.

9. **SAMVEDNA**, the District Intercity Meet on Cancer will be held on Saturday 7th May at 2.30 pm. All members are requested to attend this District function which will be followed by High Tea. There are no registration charges. A lot of members have already contributed towards the Adopt-a-Cancer Patient scheme of The Cancer Foundation. We are still below our target. Members who have not yet contributed are requested to rush their contributions immediately for the cause of Cancer.
10. PP Rtn. Sanjiv Rai Mehra was invited by the Officiating President to introduce the Chief Guest and speaker of the evening.
11. C.A. Mr. Charanjot Singh Nanda brilliantly spoke about how to be an Effective Communicator.
12. Rtn. Gaurav Bhargav proposing a vote of thanks said this was an excellent, enjoyable and very nice talk.
13. A memento was presented to the Speaker of the evening in appreciation.
14. President-Elect Rtn. Rajen Mata informed that "**Aarohan**", District Assembly is being held on Sunday 15th May 2011 at MBD Radisson Hotel, Noida from 2.30 pm onwards followed by Cocktails and Dinner. The registration charges are ₹ 1700 per person if we register minimum 10 delegates or more. It is mandatory for all incoming Board Members for 2011-12 to attend District Assembly. All new members are welcome to attend. All of us should be present at the District Assembly.

## THE BOARD 2010 – 11

President	Pratap Burman
President-Elect	Rajen Mata
Vice President	Ashish Makhija
Secretary	Surendra Singh
Joint Secretary	Vinod Gupta
Treasurer	Pankaj Rai
Sergeant-at-Arms	Prashant Sahgal
Imm. Past President	Sanjay Kapur
Counsellor & Adviser	Asoke K. Ghosh

### DIRECTORS:

Satinder Narang	Sanjiv Rai Mehra
Umang Das	Gaurav Bhargav
P.K.D. Nambiar	

## Many Happy Returns

### BIRTHDAY

President Rtn. Pratap Burman May 18

### WEDDING ANNIVERSARY

Rtn. Harish Paruthi May 12

15. Birthday Greetings were extended to PP Rtn. Yadav Bhargava, in absentia since he is away to USA. Rtns. Lucky Suri, Rtn. Radhey Mohan Aggarwal and Rtn. Shashi Kapoor were all greeted, in absentia, on their Wedding Anniversaries. Rtn. Sunil Charla was greeted on his Wedding Anniversary on 10th May 2011.
15. Sunshine of ₹ 1590 was collected by Rtn. Kashish Chandan.
16. Next meeting will be held as usual at Ashok Hotel on 12th May 2011.
17. The Officiating President then declared the meeting adjourned.

### OBITUARY

We regret to inform about the sad demise at Kolkata of respected Father of R'ann Madhushree Gupta and Father-in-law of Rtn. Nirmal Kumar Gupta.

We offer our heartfelt condolences to the bereaved family and pray to Almighty to grant eternal peace to the departed soul and to give courage and strength to the members of bereaved family to bear this irreparable loss with fortitude.

*Om - Shanti - Shanti - Shanti !*

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Please visit us at our Club Website: [www.rotaryclubofnewdelhi.com](http://www.rotaryclubofnewdelhi.com)

Edited and published by Rtn. Vimal K. Gupta for and on behalf of Rotary Club of New Delhi and printed at Mudrak 30-A, Patparganj, Delhi - 110 091